

Description: The Fitter and Faster Swim Tour is coming to Homer on July 23rd and 24th for a very **special two-day clinic led by Olympians** Kara Lynn Joyce and Julia Smit and World Championships medalist Robert Margalis! This is an amazing opportunity for Alaskan swimmers.

Normally \$156/ Homer is able to offer this 2-day clinic for only \$78!!!
PROMO CODE is KINGS

Olympians:

Kara Lynn Joyce – three –time All American, Kara will teach you some of the drills and skills that have enabled her to continuously improve her freestyle over the years and remain one of the fastest in the world.

Julia Smit- a two time Olympic medalist and IM specialist who will teach participants drills that can be used in all strokes. She is a Stanford graduate where she was a 26 time NCAA All-American.

Rob Margalis- has been one of the best all- around swimmers in the USA for many years as a top performer in 200 and 400 IM. He has been a national champion and Olympic Trials finalist.

Event Timeline: Wednesday/Thursday, July 23-24, 2014

Sign-in: 12:00 PM

Start time: 1:00 PM

Finish time: 4:00 PM

Location:

Kate Kuhns Aquatics Center

600 E. Fairview Ave.

Homer, AK 99603

Register on-line at <http://fitterandfaster.com/swim-clinics/homer-ak>

If you register by June 1, you are entered for a chance to win a special, private ½ hour swim clinic with Julia Smit for you and 2 friends.